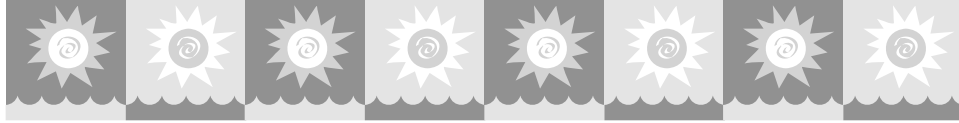


Trinity News

July 2007



By the time you read this I will have been there and back! Holidays that is. If you look at the word holiday you can see that it breaks down into two parts. The first is "Holi" (perhaps an English & German derivation for Holy.) The second half is "day". And so holiday in the past meant a Holy Day. For many of us going on Holidays is a way to recharge or refresh our selves from busy schedules and a hectic pace of life. It is good to stop for a moment, look around at the world we live in and give thanks to God. In the beginning of time that was the plan when God, after all was said and done, said one more thing. And that word was REST!!! God spoke a radical word to the creation, you and me. Rest, take time away from all that concerns you and rest in God's care for us all.

Believe it or not some people find this difficult to do. Many of us feel that e-mails and voice messages must be checked and responded to. It is reported that some people return to work more exhausted than when they left for Holidays. Perhaps this year, as we contemplate getting away we might take into account that the world around us will indeed survive a short time without our being the integral part we think we are. Let us trust the words of Jesus when he invites us to "Come unto me, all you that are weary and are carrying heavy burdens, and I will give you rest." Matthew 11:28

Wishing you restful Holy Days,
Pastor Paul

*******HEALTH CABINET*******

News from you Health Cabinet

Have you heard about the "Flu Pandemic"? All the latest information appears to suggest that a Flu Pandemic is very likely. When, is the biggest question? The ELCIC Synod, the Health Cabinet and your Church Council are presently preparing plans to be ready in case of this happening. We will keep you informed as the plans evolve. In the interim, may we strongly suggest that your most important line of defense in the spread of any infection is through hand washing. Have you heard that singing "Happy Birthday " is the suggested time to use while washing your hands with running water and soap.

The Sudbury & District Public Health has sent us some very informative and timely suggestions to "Beat the Heat ". The poster is on the Parish Nurse bulletin board. Please take a minute to read them, and don't hesitate asking for any clarification from your Parish Nurse.

Have a relaxing, safe and wonderful summer enjoying God's beautiful creation.

Sudbury Regional Hospital has introduced a service called Care Mail, an electronic message delivery service for hospital patients. Care Mail is intended for family and friends unable to make a personal visit to a loved one or friend, and is an ideal way to send get-well thoughts or wishes to a patient in hospital.

Visit the hospital's web site at www.hrsrh.on.ca under Patients and Visitors.

To send a greeting, complete the necessary information under caremail@hrsrh.on.ca and click send.

Your message will be sent to Volunteer Services, which will print out and hand deliver your messages.

E-mails received on the weekend or holidays will be delivered the next work day.

EATRIGHT ONTARIO

Do you have questions on nutrition? Registered Dietitians are now only a phone call away.

Connect to Registered Dietitians at EatRight Ontario to get answers to healthy eating questions, such as ...

- Feeding my baby
- Tips for eating on the run
- How to feed picky eaters
- How to lower the risks of certain diseases
- Supplements and sports
- Nutrient content of foods
- Menu planning and food safety
- And more

EatRight Ontario provides health intermediaries and residents of Ontario with free information on nutrition and healthy eating from a source you can trust. Service is available in many languages.

Call and speak to a Registered Dietitian at

- Toll free in Ontario at 1-877-510-5102
- Local Toronto calls at 416-325-0510
9am to 5pm --- Monday to Friday

This new service is brought to you by Dietitians of Canada, working with the Ontario Ministry of Health Promotion.

This service provides general nutrition information only. EatRight Ontario Dietitians cannot provide individual in depth counseling or medical advice.

ELW Report:

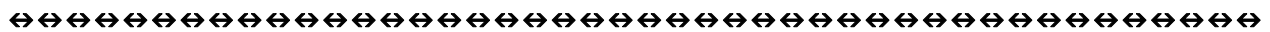
Spring was busy for the women of Trinity ELW! We hosted the Northern Conference ELW spring event in April, which was an enjoyable day. Many thanks to those who came to help out, brought baking and assisted in other ways to make the day special.

In May, we had a joint Games night with Church Council, which was fun for those who were able to come out. Thank you to Kyle Van Horn for being willing to coordinate games for young people. Next time, maybe we'll get some out!

Later in May, three women traveled to Waterloo for the Synodical ELW Biennial convention. Kim Robinson was the designated driver for Eula, Luella and Pam so they could just enjoy the trip. Many thanks, Kim, for allowing us to travel with you. The conventions are always especially moving, with opportunities for worship experiences and sharing with women from across our large Synod.

ELW, like so many of our groups, takes a break from meeting in the months of July and August. Before that break, we were able to enjoy the beauty of Anne and Dan Bartoli's home for our annual picnic potluck. Thanks again to Anne for welcoming us to her home.

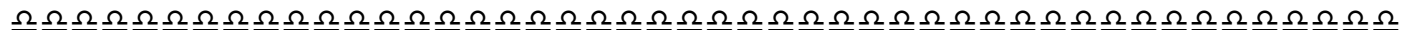
September will come soon enough and we invite any women of the congregation to attend our potluck dinner on Monday, Sept.17. More details will be included in the bulletin as we get into the fall.



**ELW Annual Calendar
2007**

Trinity ELW has once again finalized its calendar of meetings and events for the year and we want to share them with you. We hope that having a lot of advance notice will encourage other women to join us for a meeting or event of interest. All regular meetings are held the third Monday of each month at 7:30 pm, unless noted otherwise. Since things do change from time to time, we also announce our upcoming meetings or events in the bulletin.

September 17, 2007	7:30 pm	Dinner meeting and elections
October 15, 2007	7:30pm	Joint meeting with St. Matthew's and St. Timothy' ELW with program led by Eula Van Horn
November 19, 2007	7:30pm	Craft and devotions to prepare for visiting teams
December 17, 2007	6pm	Annual Christmas potluck and program



66 million Lutherans do make a difference

A message from our Council Chairperson

We are now into the summer months when many of us take time to refresh and renew ourselves. That includes Church Council members who take a brief break during July and August. But the time leading up to that break has been very busy!

You will hopefully notice that the upstairs has already been somewhat renewed with a fresh coat of paint for the offices, narthex, and washroom. Thank you to the busy crew who looked after this important kind of maintenance: Debbie Van Vehmendahl, Judy Miller, Pastor Paul, Dan Bartoli, Holly MacMillan, Jorma Saarinen, George Hakojarvi, Cathy Giffen, Bill Radunsky, Pam Radunsky. There is still more painting to do, as well as many other routine and annual maintenance jobs that help us to show our care for what God has entrusted to us. Please speak to Allan MacMillan or anyone on Council if you can offer some of your time and talents.

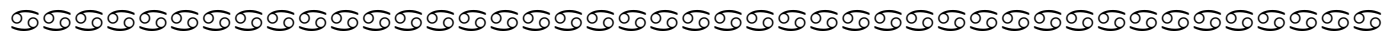
While most of you won't see it, there is a new furnace downstairs, with many thanks to Allan MacMillan and Hans Van Vehmendahl for their countless after-work hours to install such a necessary piece of equipment.

John Hamalainen has spent a great deal of time working with John Reynolds from St. Matthew's to renew Trinity's website (www.trinitysudbury.ca). Be sure to check it out and put it on your list of favourites. It is another tool we can use to communicate with each other and to let others know what a welcoming place Trinity is.

Our Youth group is being revived thanks to the efforts and energy of Helga Favron, Nicole Yantzi and Pastor Paul so we can look forward to learning more about our young peoples' dreams for our church.

We marked an important milestone in Trinity's life just before the summer hiatus with the celebration of our 30th Anniversary. Former Trinity Pastor Bill Brown joined in to make June 10th a very special day. George Hakojarvi and the Hospitality committee have done a fine job of preparing for this. Pictures from our 30th Anniversary lunch will soon be posted on our new website. A new permanent outdoor sign will be a reminder of this special event and of many people who worked so very hard to make Trinity a church home. Read more about that elsewhere in the Newsletter.

On behalf of Church Council, I wish you a restful and blessed summer,
Pam Radunsky



CHURCH FLOWERS 2007 ANNUAL SCHEDULE



May	Dene Zadow	524-3343
June	Inara Matijevich	523-1526
July	Tammy Katerynuk	673-1532
August	Debbie VanVehmendahl	522-2046
September	Judy Miller	522-4674
October	Joan Chase	523-6835
November	Lois Luoma	522-1594
December	Shannon Radey	524-8940
January(2008)	Diane Radey	524-8940

If you are interested in donating flowers for a particular Sunday, please contact the individual responsible for the arrangement of flowers for that week.

Thank you

Natural Church Development

Last year about this time, our congregation participated in a survey as part of a program called Natural Church Development. Natural Church Development focuses on strengthening the characteristics that make a growing church. It stresses one important point: **God builds the church.** We need to understand that God will act in powerful ways to accomplish what God wills. We are to follow where God leads, using the gifts God freely gives. To me, it sounds a lot like what Kelly Fryer is saying in her book "Reclaiming the "C" Word Daring to be church again". God is out there doing 'cool stuff', we are to use the gifts God has given to aid God's mission in the world.

The Natural Church Development committee has completed an initial review of the surveys and related material and recommendations from this group are already being implemented, with more to come in September. Basically, the NCD process helps us to take a look at what we are doing, as members of the body of Christ, to share the good news we have been given. The survey and some fairly intensive study by church council members and the NCD team has shown that we here at Trinity are a pretty good bunch. We rank about 'average' in most of the eight categories NCD uses. We are above average in some and below average in a few. The process tells us it's the below average scores we are to focus on as our part in helping God give growth and new life to our church. The category we have chosen to concentrate on is referred to as Passionate Spirituality.

The word passionate has a pretty fervent ring to it. For Lutherans, who are known for our reserve, passion may not be very comfortable. A joke I received in an email said something to the effect that if a Lutheran wants to show approval for something heard in the sermon, they will smile as loudly as they can. So what do we do with Passionate spirituality? What is it that we feel passionate about? As we studied this area in our NCD team we were challenged to look at our relationship with God. We were invited to spend time with God: reading the Bible, praying, listening to God and responding as we feel God calling to us. Our natural reserve might try to block us from showing our passion for God to those around us.

How do we open our selves to the Spirit calling us out into the world where God is working? We do it 'as we go'... We have begun by asking you to pray for those involved in this Natural Church Development process. On Sundays, Pastor Paul asks you for names of people you know who are in need of prayer so we can include them in our worship service. And many of you continue to pray for those people when you leave this place. This newsletter will feature a favourite prayer, with an invitation to you to share a meaningful prayer or grace or meditation with the rest of us in future issues.

These are a few of the ways that we are intentionally seeking to deepen our connection with God. Each of us has been given spiritual gifts by God. We are challenged now to learn what those gifts are and to offer them to God for the 'cool stuff' God is doing out there in the community where we live.

Although this is a poem, it is my mother's favourite prayer and one of mine, too! The author is Helen Steiner Rice, a Christian writer from years ago whose messages are still so timely.

**"Whenever I am troubled and lost in deep despair,
I bundle all my troubles up and go to God in prayer.
I tell Him I am heartsick and lost and lonely too,
That my mind is deeply troubled and I don't know what to do.
For I know He calmed the tempest and He stilled the angry sea,
And I only ask if in His love, He'll do the same for me.
And then I just stay quiet and think only thoughts of peace;
And if I abide in stillness, my restless murmurings cease."**

From Pam Radunsky

The Painter

There was a painter named George who was very interested in making a penny where he could, so he often thinned down his paint to make it go a wee bit further.

As it happened, he got away with this for some time. The Baptist Church decided to do a big restoration job on one of their biggest buildings.

George put in a bid, and, because his price was so low, he got the job.

So he set about erecting the scaffolding and setting up the planks and buying the paint and, yes, I am sorry to say, thinning it down with turpentine.

Well, George was up on the scaffolding, painting away, the job nearly completed, when suddenly there was a horrendous clap of thunder, the sky opened, and the rain poured down washing the thinned paint from all over the church and knocking George clear off the scaffold to land on the lawn among the gravestones, surrounded by telltale puddles of the thinned and useless paint.

George was no fool. He knew this was a judgement from the Almighty, so he got down on his knees and cried:

“Oh, God, forgive me; what should I do?”

And from the thunder, a mighty voice spoke.....

“Repaint! Repaint! And thin no more!”

Property Committee

Summer is here and Trinity is in need of grass cutters. If you can operate a lawnmower please sign up. The sheet is located on the table in the narthex.



Highlights from the Convention

History was made at the Eleventh Biennial Convention June 21–24, 2007 in Winnipeg !

On Friday June 22, delegates elected Susan Johnson to be our National Bishop.

Delegates also voted to give the Youth Assembly delegates the right to vote effective immediately. This allowed our youth the opportunity to participate fully in the convention and at future conventions.

Below is the full motion #22 regarding committed same sex relationships that delegates voted on.

That National Church Council recommend the following motion to the 2007 Convention:

- That this convention affirms that the diversity within Canada’s culture requires responses to a variety of persons in order for this church to be *In Mission for Others*. We also affirm that the synods have the mandate to devise mission strategies appropriate to their regional settings. Accordingly, we encourage synods to develop ways to best minister to people who live in committed same-sex relationships, including the possibility of blessing such unions.

The motion received 181 votes in favour and 200 votes in opposition. The announcement of the voting results for the motion was received by silence from the delegates.

Our Church is doing some amazing things world wide. I will provide a full and more detailed report in a few weeks time.

Helga Favron

How to Get Lutherans to Stand Up and Shout Praise the Lord During a Sermon

by Bill Kuehnbaum

Last fall Linda and I spent several months visiting our son and his wife in El Dorado Hills, California near Folsom and the prison of Johnny Cash fame.

We used the Evangelical Lutheran Church of America website to find a nearby church. The ELCA site had lots of info about every member congregation including attendance statistics and offerings. To our delight St. Stephen's Lutheran Church, a well established 40 year old congregation, was only a five minute drive away. Sunday services were held at 8:00 a.m. and 10:30 a.m.

The interior of St. Stephen's has a shape very similar to Trinity's – long and narrow with a wall of windows at one end – just like the wall we have behind the organ. But what was unusual was that the altar and lectern were set up at the middle of one of the long walls rather than at the end. The pews were arranged in long shallow U's facing towards the altar. There were a few breaks in the U's to form aisles. This had two dramatic effects –first, nobody was more than 5 or 6 rows from the altar and the second, it felt like you could see everybody in the congregation. At one end there was a raised platform, where the altar and lectern has once stood, but which now contained a lot of musical instruments. We eventually heard the storey behind this unusual layout – but perhaps that is for a future newsletter.

We tried both services. The 8:00 was traditional – much like Trinity's – with lots of grey-haired worshippers. The 10:30 was a modern, non-traditional service with more and different music, attended mostly by young families. At both services 95% of the attendees were white.

The signboard outside the church indicated there was a Community Church Service on Sunday afternoons. We had no idea what this service was and since the time did not suit us we did not ask about it. However, on the Sunday before Thanksgiving it was announced that on Thanksgiving Sunday there would be a single service including the Community Church.

Thanksgiving Sunday rolled around and the church was packed not only with the oldsters we knew from the 8 o'clock service and the young families we had seen at the 10:30 but also with a large group of black Christians. It turned out that the Community Church was a black mission church that was being established in the area using St. Stephan's building to hold their services. The pastor from the Lutheran Church was to lead the service and the pastor from the Community Church was to give the sermon.

You could tell from the start of the service that the black worshippers had energy for singing, praying and general Praise the Lording that is not part of the staid Northern European tradition of the Lutherans.

When it came time for the sermon the black pastor walked to the lectern with a gusto and swagger straight out of Hollywood. Although he was old with short grey hair he looked very fit, he bubbled with enthusiasm and it appeared as though he just couldn't contain the spirit of the Lord and he had to let it all tumble out. We knew that we were going to get an inspiring message and that the entertainment quotient was going to be very high.

He started by advising that the hardest part of a preacher's job is knowing if the audience is getting the message. He told us that in his long career preaching the word of the Lord he had learned one sure-fire way of knowing that his words were getting through. The more that members of the congregation called out while he was preaching the more he knew that he was being effective. He explained that "calling out" meant spontaneously raising your arms and shouting enthusiastically "praise the Lord" or "glory hallelujah" or "amen Brother" or "glory be". As though to illustrate, as he was talking, members of the Community Church interrupted by calling out variations of "praise the Lord" and "glory hallelujah".

"Good luck" we thought at getting the Lutherans in the crowd to do this.

But then the preacher went on to say that if he did not hear any "praise the Lords" being called out he would conclude that his message was not getting through and he would be obliged to keep the sermon going and going and going until he had some proof that his message was being received.

The Lutherans in the crowd could either abandoning their normal sense of propriety and reticence about expressing emotion or face an unending sermon. Within minutes those of us who had never uttered a word out of place during a worship service were throwing our arms in the air and shouting "praise the Lord".

Praise the Lord!

30th Anniversary Project: Trinity's New Sign

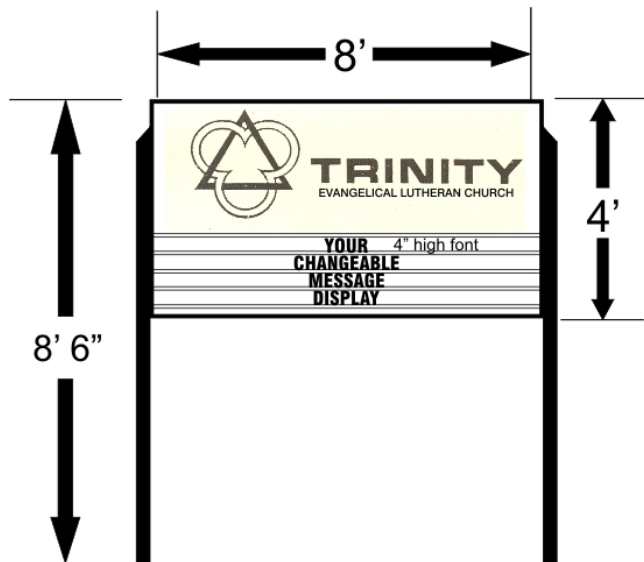
Several of you have already been donating funds for the construction of a new outdoor sign since it was first proposed a few months ago. It's time for some more information to be passed along to let everyone know where this project stands.

Church Council requested quotes for a variety of sign possibilities that would allow us to let passersby know the latest details of what happens here at Trinity. We believe this is an opportunity to witness and to encourage interest in joining us for worship. So far, only two of the five companies approached have sent in quotes, but we were also able to compare them to some information we already had from other sources.

A sample photo and diagram of the type of sign we feel is appropriate and affordable follow this report. We are suggesting a double-faced, anodized metal sign, with spaces and letters to include information and some inspirational thoughts. Having it double-faced means it will be visible for people traveling past the church in both directions. We also want it to be lit from within and to have a locking mechanism to prevent damage or theft. We have some very capable people here to look after removing the old sign and provide electrical service to the new one, so that will save us some cost.

Now, the cost came as something of a surprise to us, as it may to you. With the monies already donated and the possibility that we may qualify for some grant money, we would still need to raise at least \$5000.00 in order to have such a sign prepared and installed.

The current state of our budget means that Council is recommending we delay any contract for construction until the monies needed have been raised. So, if you wish to make a donation to the sign, please use your envelope and note Trinity Sign Project on the blank line. We will keep you updated as to the progress of the campaign in future newsletters or announcements.



Double sided
illuminated sign cabinet
4' x 8'



AT THE PEARLY GATES

For Merlyn Steinke – April 20, 2007

By his niece Kathy Dennis

White fluffy clouds, and sunshine all around,
Through a double rainbow, and upwards bound.
I can't tell at first what's happening to me,
And then up' ahead, the Pearly Gates I do see.
This has to be a mistake. It can't be right.
The doctor was **just** telling me that I'd have to fight.

The gates, white and gold, are really quite grand,
There's a robed man coming towards me and he shakes my hand.
"Hello, I'm St. Peter," he says, "Welcome to Heaven!",
He opens a book and points to line four hundred and seven.
And sure enough, there in gold print is my name,
But I can't help wondering and I still feel the same,
This just isn't right. It's all happening too soon,
I still have a long list of things I should be doing!

"It's written in this book," says St. Peter, "so it has to be.
While it's surprising for you, it's also for me,
For we might get a fisherman; --or a hunter or two,
But it's almost **unheard** of when they hunt *and* fish too!

All those lies about the fish you caught, that broke free,
How the small fish grew bigger with each tell of the story!
All those tall tales about how you got all those deer,
And the moose and the bear and how you had no fear!"

St. Peter laughs and then slaps his knee,
At my situation, he's taking much glee.
"That time you told your daughter to go see the bear that was dead
And it got up and chased her around the bush instead!
I admit that was funny--- Such a look on her face!
But that's the sort of thing that keeps you out of **this** place.

But GOD must know something that's not written down,
Because your name's in this book and you're Heaven bound.
Nobody goes through the gates unless it's written in here."

So as he pats the book, --my next move becomes clear.
"Please, St. Peter, let me have peek at that list.
I have family and friends, I don't want you to miss."

"I'm sorry," he answers, "But I can't let you look.
Not just anyone is allowed to check out **this** book.
GOD is the only one who knows in advance,
By believing in HIM-everyone has the same chance.
And a name can be added or taken away,
Depending on whatever the good LORD will say.
I could show you the list of those who've come up before."

So I turned back the pages and through the names I did pore.
Besides my parents and my sister, I knew quite a few,
Some relatives, friends and even my neighbour too.

"I'm glad there are people up here that I've known,
But how can I go and leave my wife all alone?
A fisherman always tries for the catch of the day,
But listen when I tell you and honestly say,
When that browned haired girl became my wife,
That's when I received the 'catch of my life'.
It didn't always go smoothly and we had trying times,
But I was always hers and she always mine."

While it's hard on her, that I left first,
I know she's better at this. I'd be the worst.
My wife was a teacher, so she'll pass the test.
We'll have to trust GOD to know what is best.

"Okay", I say, "There's **one** more thing that I need to ask.
Is there fishing and hunting? -Or is that just in the past?"

St. Peter chuckles and tells me, "Don't worry.
All creatures are here; the finned and the furry.
There's even ice fishing at the north end of the bay,
Which you couldn't have done if you'd gone the **other** way.
The temperatures **down** there are simply too hot,
And do they care what you like? Absolutely not!

So enjoy that you made it. Just head through those gates,
Follow the road to the loved ones that wait.



HOSPITALITY

The Hospitality committee has been busy this past winter and spring organizing or helping E.L.W organize a variety of events and activities for the congregation. The following is a summary of these activities:

Our annual pre-Lenten breakfast of pancakes and sausages Feb. 18th was enjoyed by many of our members.

The movie Evelyn was viewed at a family movie night on Mar. 24th. This was organized Helga Favron.

Easter breakfast held once again between services on Easter Sunday April 8th and about 75 people dined on delicious ham with scrambled eggs and buns.

E. L. W. held a games night on May 21 and the hospitality committee helped with this event.

Pictures for our 30th anniversary directory were taken in April this is in the process of being completed and should be available soon.

Our new website was produced by John Reynolds from St Matthews and it is now up and running. Our thanks to John Hamalainen who made all the arrangements for this.

Our 30th Anniversary was celebrated on June 10th with Pastor Bill Brown as guest preacher. And a delicious spaghetti, meatballs, sausages, salad and rolls for dinner following the service.

The hospitality committee is not planning any events for the summer months but will organize a Welcome Back event for September.

If any members have ideas for an event or activity or would like to be on the committee please contact George H., Pastor Paul, John H., Helga F. or Debbie V.

